

# Combination Therapy for the Face

With Board Certified Facial Plastic Surgeon Edward J. Gross, M.D.



The aging process will tend to do a few characteristic things to your face including wrinkling, loss of facial volume, and uneven skin tone. Every person also has an area of concern from their distinct anatomy and facial features, to their time frame and budget. We consider these factors when outlining an individualized treatment plan, using innovative approaches to treat particular concerns. The goal is to help each person achieve facial balance and look younger with healthy, refreshed skin. To accomplish this we use **Combination Therapy** to obtain a natural appearance for our patients.

As a double board-certified specialist in Facial Plastic Surgery, Dr. Gross uses advanced injector techniques and his expertise in facial anatomy for elevated results. Combined with the keen eye and expertise of certified facial plastic surgeon, the benefits of injectables and fillers include brightening of the eyes by diminishing dark circles and the elimination of puffiness, reducing tear troughs, filling in lost volume in the cheeks and nasolabial folds, sculpting the jaw line, and raising brows and the corners of the mouth.

"Since we age at different rates and at different levels in the skin, Combination Therapy must be aimed at restoring lost volume in the face, softening the muscle activity (with **Botox®** or **Dysport®**), and then treating the surface with collagen stimulating lasers. This way we lift and fill hollow areas and wrinkles (with Fat Grafting, **Sculptra®**, **Radiesse®**, **Juvederm®**, or **Restylane®**) while lessening the muscular effect of

squinting or strong smile pulls around the mouth. Because all of the above products are administered through injections, Combination Therapy can be done quickly and with little discomfort. Depending on the type of filler used, the benefits of Combination Therapy can last up to two years. I personally prefer to follow these treatments with the **Fraxel® Laser**, as the rejuvenating benefits include the reduction of fine lines and wrinkles, skin resurfacing, the reversal of sun damage, the minimization of facial scars, and the stimulation of collagen growth. We use Combination Therapy quite often to compliment a nice surgical result or simply to rejuvenate an area of the face of younger and middle aged patients who do not yet need surgery," says Dr. Gross.

Dr. Gross also lifts and restores the chin, mouth, cheeks and eye areas using Combination Therapy techniques, which are best, performed by a **Board Certified Facial Plastic Surgeon**. "Consistent preventative therapy and healthy skin care are critical keys to successful slowing of facial aging" according to Dr. Gross.

Edward J. Gross, M.D. is a specialist in Facial Plastic Surgery as recommended by the American Board of Facial Plastic Surgeons. He is one of only 750 qualified surgeons worldwide certified by the American Board of Facial Plastic & Reconstructive Surgery. Dr. Gross supervises Primera Plastic Surgery & Day Spa in Lake Mary. Go to [www.wedofaces.com](http://www.wedofaces.com) to learn more.

## Combination Therapy improves the following aging conditions:

- Deep lines on the face and neck
- Deep frown lines between the brows
- Forehead creases
- Pronounced crow's feet next to the eyes
- "Smoker's lines"
- Flat, sunken cheeks
- Create smoother and more contoured smile lines
- Remove wrinkles at the corner of the mouth, and vertical lip lines
- Correct acne scars and facial defects
- Fill dark hollows under the eyes
- Enhance lip definition and volume
- Marionette lines below the corner of the lips
- Improve muscle bands under the chin
- Correct asymmetrical facial features

