



PILL DIARY	Day Before Surgery	Surgery Day	Post-Op Day 1	Post-Op Day 2	Post-Op Day 3	Post-Op Day 4	Post-Op Day 5	Post-Op Day 6	Post-Op Day 7 *Follow up Appt
Doxycycline (Antibiotic)		<input type="radio"/> PM	<input type="radio"/> AM <input type="radio"/> PM	<input type="radio"/> AM <input type="radio"/> PM	<input type="radio"/> AM <input type="radio"/> PM				
Lortab/ Hydrocodone (pain) *Take w/ Food		<input type="radio"/> Take Every 6 hours As Needed	<input type="radio"/> Take Every 6 hours As Needed	<input type="radio"/> Take Every 6 hours As Needed	<input type="radio"/> Take Every 6 hours As Needed	<input type="radio"/> Take Every 6 hours As Needed	<input type="radio"/> Take Every 6 hours As Needed	<input type="radio"/> Take Every 6 hours As Needed	<input type="radio"/> Take Every 6 hours As Needed
Phenergan/ Promethazine (Nausea)		<input type="radio"/> Take Every 6 hours As Needed	<input type="radio"/> Take Every 6 hours As Needed	<input type="radio"/> Take Every 6 hours As Needed	<input type="radio"/> Take Every 6 hours As Needed				
Arnica 30X (Under tongue) reduces bruising	<input type="radio"/> Take 2 tabs at bedtime	<input type="radio"/> Take 2 tabs at bedtime	<input type="radio"/> AM 1 tab <input type="radio"/> PM 1 tab	<input type="radio"/> AM 1 tab <input type="radio"/> PM 1 tab	<input type="radio"/> AM 1 tab <input type="radio"/> PM 1 tab	<input type="radio"/> AM 1 tab <input type="radio"/> PM 1 tab	<input type="radio"/> AM 1 tab <input type="radio"/> PM 1 tab		
Celebrex (Anti-inflammatory)	<input type="radio"/> AM		<input type="radio"/> AM	<input type="radio"/> AM	<input type="radio"/> AM	<input type="radio"/> AM	<input type="radio"/> AM	<input type="radio"/> AM	
Ativan/ Lorazepam (sleep/anxiety)	<input type="radio"/> Take at bedtime if needed	<input type="radio"/> Take Every 8 hours As Needed	<input type="radio"/> Take Every 8 hours As Needed	<input type="radio"/> Take Every 8 hours As Needed	<input type="radio"/> Take Every 8 hours As Needed	<input type="radio"/> Take Every 8 hours As Needed	<input type="radio"/> Take Every 8 hours As Needed	<input type="radio"/> Take Every 8 hours As Needed	<input type="radio"/> Take 1 hour before post-Op appmt
Scopolamine 1.5mg patch *	*bring patch with you to surgery (reduces nausea after anesthesia)								

Note: Blood Pressure medication(s) should be taken the morning of surgery with a small sip of water.