



## PULSED DYE LASER Candela V-Beam®

- You may apply cold compress for the first 4 hours after treatment.
- You may take a luke-warm shower or bath but avoid using a washcloth or scrubbing the treated areas for 48 hours minimum.
- **Do Not** pick, peel, or scratch the area after treatment till healed.
- Apply Medical Grade Post treatment product, 2 times per day for 7-10 days after your laser treatment to help healing.
- Avoid sunburn prior to treatment and apply a sunblock daily to minimize pigmentation changes after.

### EXPECTATIONS

- There may be noticeable deep red/purple discoloration for several days to a week. This is a normal endpoint, but can be reduced if needed (speak with your Provider for details).  
\*\*Discontinue aspirin and blood thinners 1 week before treatment, to minimize bruising.
- Concealer may be applied to areas (men and women) 24 hours after treatment.
- There may be some minor scabbing- this is rare, minor and self-limited.
- Avoid sun for minimum of 4 weeks after the treatment.
- You may exercise 24 hours after, per usual. You are not required to miss work.

### MEDICATIONS

- Tylenol or Advil, take 1 tablet every 4-6 hrs as needed for discomfort (not required). There is minimal discomfort during treatment and usually no pain after.

**Call/Text our office 407-333-3040:** If area becomes overly painful, blisters or stays warm longer than 24 hours.

Follow up Appointment: \_\_\_\_\_

Primera call or text 407.333.3040, if you have questions or concerns. If you have an emergency, call 911.

**I have received a copy of the above instructions and agree to follow them**

**X** \_\_\_\_\_ *Date:* \_\_\_\_\_