



CHIN IMPLANT POST-OP INSTRUCTIONS

- Cool compress to chin for first 48 hours (20 minutes on, 20 minutes off while awake).
- Remove Band-Aid after 24 hours and clean incision with Sterile Saline or distilled water. Then apply Gentamicin ointment and new Band-Aid twice daily.
- May shower after 48 hours.
- Sleep elevated on 3-4 pillows or recliner chair for first three-five nights to decrease swelling.
- Regular diet / No heavy lifting or exercise for 2 weeks minimum.
- Always tell your dentist you had a chin implant to avoid injury.

EXPECTATIONS

- You may experience numbness, swelling, and bruising around the mouth and chin.
- Your lip will be swollen and distorted for several days. Smile may be affected temporarily.
- Speech impediment or lisp is common during the first week.
- Avoid sun or windburn for six months after the procedure.

MEDICATIONS

- Doxycycline 100mg 1 tablet twice a day for 3 days / antibiotic
- Ativan 1mg (Lorazepam) 1 tablet every 8 hours as needed / anxiety and sleep
- Lortab (Hydrocodone) 1 tablet every 6 hrs as needed / pain
- Celebrex 200mg take once a day as directed / reduces inflammation
- Arnica 30X take as directed (begin day before surgery) / swelling and bruising
- Phenergan (promethazine) 1 tablet every 6 hours as needed / nausea
- Gentamicin Ointment – Apply to incision

FOLLOW-UP VISITS

- You will be seen in the office in one week to check your progress. Please call or Text 407.333.3040, if you have questions or concerns. If you have an emergency call 911.

I have received a copy of the above instructions and agree to follow them.

X _____ *Date* _____ *Time:* _____