

## **PULSED DYE LASER Candela V-Beam®**

### **PRE-OP INSTRUCTIONS**

- Remove make up before treatment. Avoid sunburn prior to treatment. Discontinue aspirin and blood thinners one week before treatment, to minimize bruising. The laser uses cool touch technology which results in quick healing and minimal discomfort.

### **POST-OP INSTRUCTIONS**

- You may apply ice or a cold compress for the first 4 hours.
- Apply a moisturizer such as C Serum (available in Spa), 3 times per day for two weeks after your laser treatment.
- Apply a sunscreen daily to minimize pigmentation changes.

### **EXPECTATIONS**

- There will be noticeable purple discoloration for several days or possibly a week. This is a normal endpoint, but can be reduced if needed. Ask Dr. Gross.
- Concealer may be applied to areas (men and women) immediately after treatment.
- There may be some minor scabbing rarely. (Minor and self-limited)
- Avoid sun for four weeks after the procedure.
- You may exercise the following day, per usual. You are not required to miss work.

### **MEDICATIONS**

- There is minimal discomfort during therapy and no pain after treatment. Tylenol or Advil as needed.

### **FOLLOW-UP VISITS**

- Several laser treatments may be necessary to see optimal results.
- Your follow up visit will be scheduled in a month for re evaluation and treatment.

*I have received a copy of the above instructions and agree to follow them*

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