

PILL DIARY	Day Before Surgery	Surgery Day	Post-Op Day 1	Post-Op Day 2	Post-Op Day 3	Post-Op Day 4	Post-Op Day 5	Post-Op Day 6	Post-Op Day 7 *Follow up Appmt
Doxycycline (Antibiotic)		at night	O AM O PM	O AM O PM					
Lortab/Hydro- codone (pain) *Take w/ Food		O Take As Needed	O Take As Needed	O Take As Needed	O Take As Needed	O Take As Needed	O Take As Needed	O Take As Needed	O Take As Needed
Phenergan/ Promethazine (Nausea)		O Take as Needed	O Take As Needed	O Take As Needed	O Take As Needed				
Arnica 30X	O Take 2 tabs at bedtime	O Take 2 tabs at bedtime	O AM O PM						
Valtrex/Valcy- clovir (anti-viral)	O AM O PM	O PM(2)	O AM O PM						
Celebrex	О АМ		O AM						
Ativan/Loraz- epam (sleep/anxiety)	O Take at bedtime if needed	O Take As Needed	O Take As Needed	O Take As Needed	O Take As Needed	O Take As Needed	O Take As Needed	O Take As Needed	O Take 1 hour before post-Op appmt

Gentamicin Ointment is to apply to incision sites for some surgery's

^{*} Bring all Medications with you to Surgery